

# **SENIORS ADVISORY COMMITTEE**

# MINUTES

# WEDNESDAY, SEPTEMBER 22, 2010

# SIR JOHN COLBORNE RECREATION CENTRE FOR SENIORS 1565 OLD LAKESHORE ROAD CIVITAN ROOM

A meeting of the Seniors Advisory Committee was held on Wednesday, September 22, 2010, at the Sir John Colborne Recreation Centre for Seniors, commencing at 1:30 p.m.

Present: Ruth Sheridan, Chair Ted Lambert, Vice-Chair Councillor Ralph Robinson (Arrived at 1:40 p.m.) Beverley Cathro Al Hanson Patrick Murphy Terry Ponedel Verena Sherman (Arrived at 1:45 p.m.) Sandeep Soni (Arrived at 1:45 p.m.) Barbara Watt Linda Wilson

Regrets: Councillor Cathy Duddeck

Staff: Nancy Beddoe, Manager, Senior Services Colleen Tino, Committee Assistant

# The items in these minutes are not necessarily in the order discussed.

# 1. Call to Order

Ruth Sheridan, Chair, called the meeting to order at 1:30 p.m.

# 2. <u>Regrets</u>

As noted above.

# 3. <u>Confirmation of Minutes of Previous Meeting(s)</u> <u>Meeting of July 28, 2010</u>

Moved by Ted Lambert

That the minutes from the Seniors Advisory Committee meeting of July 28, 2010, be approved.

CARRIED

# 4. Business Arising from the Minutes

There was no business arising from the Minutes.

# 5. <u>Discussion Item(s)</u>

#### a. <u>Guest Speaker - Jean Lillie, Chair, Age Friendly</u> <u>Communities, Elder Services Advisory Committee</u>

Jean Lillie, Chair, Age Friendly Communities, Elder Services Advisory Committee, provided a presentation advising that the age-friendly communities program is an international effort by the World Health Organization (WHO) to address the environmental and social factors that contribute to active and healthy ageing in society. She advised that the project developed by the WHO looks at eight aspects of urban living: outdoor spaces and building; transportation; housing; social participation; respect and social inclusion; civic participation and employment; communication and information; and community support and health services.

Ms. Lillie indicated that the Region of Halton is working with ESAC to collect seniors' thoughts on age friendly communities. She stated that six focus groups will be held in Oakville during October and November to garner information from seniors to support this project. The dates and locations of these focus groups are available on the Region of Halton website and at the seniors' centres. Ms. Lillie advised that a final report will be presented to the Regional Council and Halton municipalities.

# Moved by Beverley Cathro

That the presentation regarding Age Friendly Communities, be received.

CARRIED

# b. Working Group Updates

#### (i) Elder Services Advisory Committee Update (ESAC)

No updates regarding the Elder Services Advisory Committee were provided by Barbara Watt, E.S.A.C. representative, at this meeting. The Chair noted that an update will be provided at the next Seniors' Advisory Committee meeting of January 26, 2011.

# (ii) Senior's Fair - Update

Ruth Sheridan, Chair, noted that the seniors' fair theme is "Aging at Home – Showcasing Programs & Services for Seniors". The fair, to be held on September 25, 2010, from 10:00 a.m.-3:00 p.m., at Sir John Colborne Recreation Centre for Seniors, will include displays and speakers of interest to seniors. Ms. Sheridan noted that volunteers have been advised of their duties for the event.

Ms. Sheridan also noted that she has received great public response regarding the event. To date18 for-profit groups and 27 not-for-profit groups have confirmed their attendance. She also advised that free 'goodie bags' will be distributed to attendees as they enter the fair, Colborne volunteers will provide refreshments for purchase, and door prizes will be provided by exhibitors.

# Moved by Terry Ponedel

That the Seniors' Fair update be received.

# CARRIED

# (iii) Councillor's Update

Councillor Robinson advised that a new postal outlet will be opened in the Bronte Village Mall, to be located in the PharmaPlus store. He advised that details are still being developed at this time.

Moved by Sandeep Soni

That the Councillors' update, be received.

# CARRIED

# (iv) Transit Fare and Seniors Working Group Report

Ted Lambert provided an update to the committee regarding the findings of the working group. He advised that the group was divided in its opinion with two of the members of the working group believing that seniors should ride Oakville Transit at no charge, and two members believing seniors should ride Oakville Transit at a very reduced fare. The committee discussed the various options the working group suggested.

# Moved by Patrick Murphy

- 1. That staff be requested to prepare a report to Council regarding the recommendation of the Seniors Advisory Committee to offer free Oakville Transit bus fares for seniors age 65 and older, on a 12 month basis; and
- 2. That, if successful in increasing seniors ridership on Oakville Transit between 10:00 a.m. and 4:00 p.m., the free fares be implemented on a permanent basis.

#### CARRIED

Moved by Verena Sherman

That the Transit Fare and Seniors Working Group Report, be received.

# CARRIED

#### c. Extension of Committee Membership

Colleen Tino, Committee Assistant, advised the members that, on August 30, 2010, Oakville Town Council approved the extension of the current advisory committee appointments into the new year. She indicated that the Town Clerk had sent each member a letter providing more details with respect to the extension and application for reappointment.

The Committee Assistant indicated that advertisements were placed on the Town website on September 13, 2010, and in the local newspapers beginning September 15, 2010, and that members could apply on line or in person at the Clerk's Department. She indicated that applications for committee appointments would be accepted until October 8, 2010.

#### (continued)

#### Moved by Ted Lambert

That the information regard the extension of committee memberships, be received.

#### CARRIED

#### 6. <u>Information Item(s)</u>

There were no Information Items.

#### 7. <u>Items to be Discussed at Next/Future Meetings</u>

Ruth Sheridan distributed a list that she prepared with suggestions for items to be discussed at future meetings. She indicated that the members could forward any suggestions they may have directly to Nancy Beddoe.

# 8. Date and Time of Next Meeting

Wednesday, January 26, 2011 Sir John Colborne Recreation Centre for Seniors 1:30 p.m. - Civitan Room

#### 9. Adjournment

Moved by Verena Sherman

That this meeting now adjourn.

CARRIED

The meeting adjourned at 2:45 p.m.